



# Iridology Certification Course

Level I and Level II

International Iridology Practitioners  
Association

Certification Course

April 28 - May 2, 2015

Portland, Oregon area

*Note: This course will be held in the Portland/Beaverton/North Plains, OR area but final location will be determined based on the number of participants.*

**Instructor: Cheryl Matschek, Ph.D., M.S., M.H., C.C.I.I.**

**Cheryl Matschek** is a Certified Iridologist through the International Iridology Practitioners Association (IIPA) and the International Institute of Iridology, and she is a Certified Diplomate Instructor through IIPA (CCII). Cheryl is a Past President of IIPA and served on the Board of Directors for ten years. Cheryl has a PhD in Natural Health Sciences, Clinical Nutrition and Iridology, and two Master's degrees (Master Herbalist, and Behavioral Science).

Cheryl maintains a Natural Health Practice in North Plains, Oregon (outside Portland) serving clients throughout the United States. She has been speaking professionally since 1979, is the author of several books and other published materials in various forms. She has been internationally known as a speaker, trainer and consultant since beginning her business in 1979. She works with clients around the world and those close to home.

Her greatest desire is to help those who want to help themselves, and others, become healthier, happier, and more peaceful and joyful in their journey through life. Cheryl has a profound ability to create a dynamic and enthusiastic learning experience in the classroom, and a safe and comfortable atmosphere for her clients. She has a passion for helping and encouraging others to be fully alive.

## What is Iridology and How is it Used?

Iridology is the study of the iris of the eye, including the texture, color and structure. It is a very valuable, non-invasive, assessment tool used to identify potential structural and functional imbalances within the body. By analyzing the iris of the eye for structure and color, inherited potential for and developed health conditions within the body are revealed. Iridology is not a new science. It has been traced back approximately 3,000 years according to some. However, in the 1800s it began being used by many in Europe and Russia. Much research was conducted in Germany, where Iridology was and continues to be used by physicians as a means of identifying genetic health tendencies, as well as current situations in the body. Dr. Ignatz Von Peczley was the first Iridologist who mapped out the iris, creating an iris chart. It is part of a larger family of the numerous branches of natural healing, and it is becoming more and more widely recognized in the United States as a helpful assessment tool.

Areas of the body that lack vitality to resist illness can be identified through iris analysis, and then supported by good nutrition or other natural methods. And, because Iridology shows genetic predispositions, preventive care can be introduced.

## Iridology Certification Course: A Powerful Seminar

The Certification Course is approved by the **International Iridology Practitioners Association** and prepares attendees for the certification exam. For IIPA certification an approved course in Anatomy and Physiology is also required.

A seminar workbook, as well as a certificate of attendance, will be provided at the seminar.

### **Key benefits of the course:**

- Teaches how to do an iris analysis
- Allows you to assimilate Iridology into your current health practice
- Can help you establish a business in the complementary health field
- Allows you to monitor your own family's health levels

The certification course is presented in a manner that is beneficial to all who want to study Iridology and learn how to use it as a tool to help towards improving health. Cheryl's background of professional speaking allows her to present the material in a dynamic way. Each part of the course builds upon the last and is organized systematically for greater understanding, assimilation and comprehension. You will learn:

- The history of Iridology
- Universal language and terminology of Iridology
- Anatomy of the eye
- Accurate methods of assessment and practice
- Nutritional, herbal and other natural protocols to strengthen body systems and improve health

In the second part of the seminar you will gain a deeper understanding into the study of iris analysis. You will see many iris slides throughout the course and learn to differentiate health conditions, as well as hear of some interesting case studies of people with whom Cheryl has worked.

## **Actual Course Study**

- History and Development of Iridology
- Modern Studies and Research
- Anatomy of the Eye
- Anatomy and Physiology of the Eye as it Relates to Iridology
- Iris Zones, Maps and Signs
- Combinations of Iris Signs
- Syndromes
- Lacunae and Transversal types
- Case studies
- In Depth Study of the Collarette
- In Depth Study of Vitality and Digestion

- Iris Constitutional Types and Subtypes, and Genetic considerations
- Nutritional Considerations for each Type
- Nutritional programs for each type
- Understanding meaning of pigment colors
- Collarette and Digestive Signs
- Pupil Tonus, Miosis, Mydriasis and Pupil Border relative to the spine
- Ways the Eyes Change
- Live practice in interpretation of Iris Marking
- How to do an Iris Analysis
- Iris Photography
- Resistance based on Iris Fibers
- Structure and Color
- Sclera and Conjunctiva Signs
- Practice and more practice!
- Specific pigment irregularities
- Pupil - further detail
- Concentric Furrow types
- Review for Certification testing
- How to Study for the Certification Exam

## Are Prerequisites Required?

No prerequisites are required

## What to Bring

A notebook with paper, pen, and magnifying lens of at least four power and a flashlight. However, a magnifying lens with light will be available for purchase at the time of the course.

## Who Can Benefit from this Seminar?

Iridology can be used as a valuable assessment tool to identify potential structural and functional imbalances within the body by nutritionists, herbalists, naturopaths, homeopaths, acupuncturists, chiropractors, massage therapists, nurses, medical doctors or any trained health care practitioner. Iridology can help these practitioners assess, and then work with, their client or patient according to their particular expertise.

***But iridology isn't just for practitioners.*** If you are just getting into the health field, or have a desire to do so, or you just want to know more about the art and science of Iridology to use with your own family members, this is a great seminar for you as well.

**This five-day course will be held April 28 - May 2, 2015. Reserve your space before March 27. The course fee is \$995 before March 27 and \$1,145 if registration is March 28 or later.**

*If it is necessary to cancel after registered, cancellations March 1 or earlier will receive a full refund; 50% refund for cancellations between March 2 - 31; April 1-15 will be 25%. No refunds after April 15.*

***Note: This course will be held in the Portland/Beaverton/North Plains, OR area. Final location will be determined based on the number of participants.***

**For Further Information:**

**Contact Cheryl Matschek, Ph.D. by calling her office at 503-647-5754**

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